

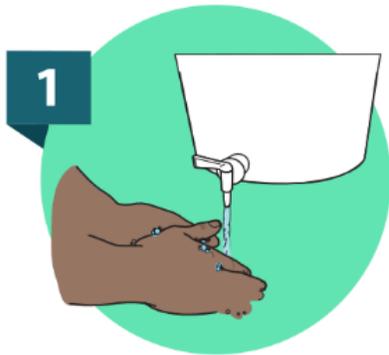
Sage follows the [most up-to-date practices established by the CDC](#) (Center for Disease Control) for preventing the spread of Covid-19. We ask all members of the community to follow the guidelines below and take the initiative to monitor their own health and that of their household. It takes all of us working together to maintain a healthy community.

If a student/staff member tests positive for Covid-19:

- **Stay home for 5 days.** Day zero is established as the first day of symptoms. If no symptoms are present, day zero is established as the day testing occurred.
- Alert our attendance line (attendance@sageintl.org) with the full name of the student along with the date of their established day zero. This will help us track positivity trends as well as mark attendance accordingly.
- **After day 5:**
 - Students/staff members may return to school anytime after day 5 as long as they have been fever-free for 24 hours without the use of fever reducing medications.
 - Students/staff must wear a mask indoors if they are able to return to school over the course of days 6-10.

**If a student/staff member has been exposed to Covid-19
(to include if a member of their household has tested positive):**

- As long as an exposed person is NOT experiencing any symptoms, they may attend school. Exposed students/staff members must wear a mask indoors on Days 1-10. Day zero is established as the last day of exposure to someone with Covid-19.
 - Diligent mask wearing, hand hygiene, and monitoring for symptoms is critical during this time!
 - [Hand hygiene](#) is: Washing hands with soap and water for at least 20 seconds. If soap and water are not available use an alcohol-based hand rub that contains at least 60% alcohol.
 - When to perform hand hygiene:
 - Before, during, and after preparing food
 - Before eating food
 - Before touching your face. (Avoid touching your eyes, nose, and mouth with unwashed hands.)
 - Before and after being around someone who is sick
 - After blowing your nose, coughing, or sneezing
 - After being in a public place
 - After changing diapers or cleaning up a child who has used the toilet
 - After using the bathroom
 - After touching an animal, animal feed, or animal waste
 - After touching garbage



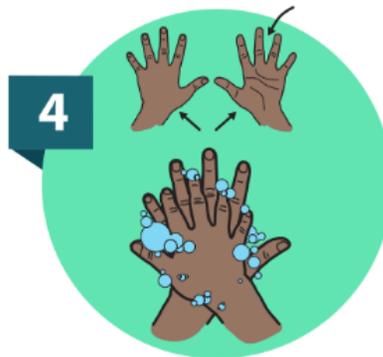
1. Wet hands with water.



2. Apply enough soap to cover the front and back of your hands and in between your fingers.



3. Rub hands together and scrub the front and back of your hands and in between your fingers.



4. Wash the front and back of your hands, in between your fingers, and under your nails.

- If an exposed person [develops symptoms](#), they are presumed Covid-positive and need to follow the steps above regarding positive cases.
 - Symptoms include:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea